

Home is on the Horizon

Panhellenic Council
– Primary Recruitment 2023 –

The Best is Yet to Come



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Follow us on Instagram:

[@OSUPanhellenic](https://www.instagram.com/OSUPanhellenic)



Recruitment Dates

Potential New Member Check in
Wednesday, September 27th
10:00 am – 2:00 pm
Student Experience Center Lobby

PNM Orientation
Thursday, September 28th
6:00–8:00 PM
MU Ballroom

Round 1: Sisterhood
Saturday, September 30th
Events go from 9:00 am – 6:05 pm
You will visit all 11 chapters
*Meet with Gamma Chis at
8:00 am at assigned location*

Round 2: Philanthropy
Sunday, October 1st
Events go from 11:00 am – 9:00 pm
You will visit up to 8 chapters
*Meet with Gamma Chis at
10:00 am at assigned location*

Round 3: Chapter Tours, Day 1
Wednesday, October 4th
Events go from 6:00 pm – 9:40 pm
You will visit up to 5 chapters
*Meet with Gamma Chis at
5:00 pm at assigned location*

Round 3: Chapter Tours, Day 2
Thursday, October 5th
Events go from 6:00 pm – 9:40 pm
You will visit up to 5 chapters
*Meet with Gamma Chis at
5:00 pm at assigned location*

Round 4: Preference
Friday, October 6th
Events go from 6:00 pm – 10:20 pm
You will visit up to 2 chapters
*Meet with Gamma Chis at
5:00 pm at assigned location*

Bid Day:
Saturday, October 7th
MU Ballroom
Arrive at 2:00 pm!



Events Explained

Potential New Member Check-In

All students registered for Primary Recruitment can come by the SEC Lobby at any point to pick up their shirt for Round 1, their tote bag, and additional swag.

Potential New Member Orientation

All students registered for primary recruitment are required to attend. During orientation, PNMs will learn more about the recruitment process. Immediately following orientation, PNMs will attend a meeting with their Gamma Chi's.

Attire: Casual and Comfortable.

Round 1: Sisterhood

PNMs will attend a recruitment event for all 11 chapters. These will be short, introductory conversations.

Attire: You will be provided a Round 1 T-shirt. Jeans, shorts, sandals/sneakers are common, but wear whatever you feel best in!

Round 2: Philanthropy

PNMs will learn more about the individual philanthropic/community service events each chapter supports.

Attire: Casual - fun pants or jeans/skirts, cute tops, and comfortable shoes. You could also wear the shirt of a cause you are passionate about!

Round 3: Chapter

On these days, PNMs will receive a tour of the chapter houses and learn more about the live-in experience. PNMs receive a financial transparency sheet from each chapter they visit which reviews the membership dues information.

Attire: Casual dresses, jumpsuits, rompers, nice pants and shirts, comfortable sandals or wedges - Think what you would wear for brunch!

Round 4: Preference

This is the most personal and intimate round. Each chapter will share their own unique preference ceremony.

This is where PNMs will evaluate their experience at their remaining chapter(s) and see where they feel the most at home.

Attire: Dresses, jumpsuits, skirts/pants with a nice top, and rompers. Heels, sandals, or wedges.

Bid Day

PNMs will receive their bid to their new chapter and run out of the MU to their new sisters!

Attire: Chapters will provide a shirt that goes along with their individual bid day theme, PNMs should wear casual and comfortable pants and shoes.



What to Wear

Dress for each day as mentioned but you should not feel the need to buy anything new for the week – shop your closet and check out thrift stores! You should wear what you feel comfortable in and what reflects your personality best.

Round 1: Sisterhood



PNM T-shirt

Round 2: Philanthropy



Round 3: Chapter Tours



Round 4: Preference



Bid Day:

We recommend wearing comfortable shoes such as sneakers or sandals and pants or shorts! You will be given a t-shirt from the chapter to change into so wear a shirt that you can easily throw your new one over!



Code of Ethics

All women participating in the Panhellenic Primary Recruitment process will be held to the standards outlined below in our Code of Ethics agreement:

Treat all members of the Panhellenic community, the Panhellenic Council Executive Board, the Center for Fraternity and Sorority Life Staff, and prospective new members with respect.

Adhere to the substance free recruitment policy.

Be present and on time for:

- PNM meetings
- Potential New Member Orientation
- All scheduled recruitment events

Intentional violation of these expectations outlined above will result in removal from the Panhellenic recruitment process and potential referral to Student Conduct & Conduct Standards.



Statement of Inclusivity

The Oregon State University Panhellenic Council is continuously working to create an inclusive and empowering environment for our members. In our efforts to do so, the Panhellenic Council encourages the members of our community to be outspoken against racism, inequality and injustice. Now is the time to embrace Panhellenic's core values of knowledge, service, community, and leadership.

We encourage all members of our community to gain knowledge about the problematic history of our organizations, and work to create space for women of all identities and backgrounds.

Inclusivity has never been more important than it is at this moment. The Panhellenic community at Oregon State University is committed to make our community more inclusive by actively fighting against racism, bigotry, and other divisionary forces of hate that divide and exclude.

This statement of inclusivity also extends to gender identity and belonging within our sorority community. A resource has been put together and is available for any individual who is worried about their gender identity impacting their sorority experience. We want to foster a culture of whole-hearted inclusivity and welcoming diverse and unique experiences throughout our community. We don't want individuals to join our community to be identical to each of us but rather to bring their own experiences and background to our community.



PNM Bill of Rights

- The right to be treated as an individual
- The right to be fully informed about the recruitment process
- The right to ask questions and to receive true and objective answers from Recruitment Guides and Panhellenic Members
- The right to be treated with respect
- The right to ask how and why and receive straight answers
- The right to express opinions about Recruitment Guides
- The right to make informed decisions without undue pressure from others
- The right to be fully informed about the agreement implicit in the preference card signing
- The right to make one's own choice and decision and accept full responsibility for the results of that decision
- The right to have a positive, safe, and enriching recruitment and new member experience



Financial Obligations

Chapters will provide PNMs with a Financial Transparency sheet during Round 3: Chapter Tours. These sheets contain detailed information on each chapter's financial obligations and PNMs are encouraged to ask questions about membership dues. On each chapter's page in this booklet, we have provided an overview of the chapter's dues for each of the following types of membership fees:

New Member Fee:

This fee typically includes a pledging fee, initiation fee, and badge fee. This fee is only for your first term as a member.

Live-Out Member Cost:

This is the cost when you are initiated into your chapter and live out of your chapter house. This would be for the terms after you are initiated into your chapter.

Live-In Cost:

This is the cost when you are initiated into your chapter and live in your chapter house. All OSU Panhellenic chapters have a two (2) year live-in requirement for all members.

Total First Year Cost:

This is the total cost for the first year as a member. This includes fees for New Members and the Live-Out costs. Some chapters have an additional new member facility fee.

*Items that are typically not included in these costs are apparel, donations for chapters' philanthropy events, and participating in extra sisterhood or social events. These are all optional purchases for you to enjoy if you choose!



Panhellenic Council

The Panhellenic Executive Council is a team of officers slated by their peers, The Panhellenic Council consists of delegates from the 11 Panhellenic chapters on OSU's campus. The Council acts as the governing body for the Panhellenic chapters. The Panhellenic Executive Council coordinates fall formal recruitment, campus and community service projects, and other educational programs.



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The Panhellenic Experience



Letter from Panhellenic President

Dear Potential New Members,

I am beyond excited that you are here at Oregon State and spending this time with us going through Recruitment! Everyone within the Panhellenic community has prepared and worked tirelessly to be able to support you through your recruitment experience! We are so excited to show you the values our community is built on and why we chose to join. The Panhellenic experience goes beyond the letters we wear. It brings together service, personal development, scholarship, and deep connections that enhance your time on campus and beyond.

Some advice I have as you go through this process is to stick with it! You will meet so many people who share your aspirations and make so many new connections in a short amount of time. It may seem overwhelming at points, but it will be worth it in the end! Embrace the chance to interact and learn about the values of each chapter. Always remember to be yourself and trust your intuition. You can never go wrong with a chapter who sees you for your true authentic self!

I hope you enjoy this experience and find exactly what you are looking for within the Greek Community! I came in looking for a support system away from home and found an entire community worth – trust your gut and the process!

Panhellenic Love,

Jocelyn Glover
Panhellenic President



The Best is Yet to Come!



A Message From VP Recruitment

Dear Potential New Members,

Let me first say that I am so beyond excited that you are here! Everyone has their own journey throughout the sorority recruitment process and overall experience and being here in this moment with y'all is so special to me. I can confidently say that not only have our chapters and chapter members been working all year for this time with each of you but so have our amazing Gamma Chi's and Executive Council. We are here for you through and through and truly would not put our time and energy into our positions if we did not care so deeply and entirely about ensuring a positive experience throughout sorority recruitment for every single one of you.

It would be negligent of me to ignore the overwhelming feeling that comes with the sorority recruitment process but I encourage you to experience the moments, events, and chapters as they come. Don't worry about what you have to do next or where you need to be, wholeheartedly enjoy your time in each event and with each chapter. Being able to connect with so many people in such a short amount of time is a unique and valuable experience and I promise that you have all the right tools and experiences, exactly as you are.

Take the time to breathe, and focus on your own well-being over the next week, whether that be by taking an extra nap, face masks, or indulging in that sweet treat - I am always in favor of an iced coffee in the morning or ice cream after the end of a long day! We want you to join our Panhellenic community, not to be just like everyone else but to bring your own unique background and personality to our overall sisterhood.

All of My Love,

Kate Walsh
Vice President of Recruitment



National Panhellenic Conference

The National Panhellenic Conference (NPC) is the umbrella organization for 26 women's fraternities. NPC emerged in 1902 out of the realization that in order to live up to their stated ideals and purposes, all decisions and action of all sororities must be guided by the principles of "fair play" and a cooperative spirit. The real key to the success of our sororities lies in a unified spirit of cooperation and mutual concern for one another.

[Check out the Sorority Life Website to learn more from the National Panhellenic Conference](#)



Circle of Sisterhood

Panhellenic is proud to support The Circle of Sisterhood Foundation as our community philanthropy. The Circle of Sisterhood Foundation is a mechanism by which sorority women can stand together as one community to help improve the lives and livelihood of girls and women worldwide by removing barriers to education.

“Education is access – to knowledge, to understanding/compassion, to skills, to community. Education should not be something that is compromised any more than the need for air in our lungs or food in our mouths.”

A Little Goes a Long Way...

24¢ = notebook and a pencil

\$3.30 = noon meal for school year

\$7.00 = a set of textbooks

\$13.00 = tuition for the year

\$29.00 = a school uniform

\$53.00 = is the amount it takes to send a girl to school for one academic year

[Check out upcoming events such as Panhellenic Prom:](#)

[@OregonStateCofS](#)

Gamma Chi



The term "Gamma Chi" refers to a Panhellenic woman who has disaffiliated from her chapter to help guide potential new members through the recruitment process. Gamma Chis are also referred to as recruitment counselors due to the support they provide during the primary recruitment process. Gamma Chi's are here as resources to every potential new member and have a well rounded understanding of the Panhellenic.



Gamma Chi Name Tag Sticker Explanation

Below are different stickers that you can find on the Gamma Chi name tags throughout recruitment to help you talk with someone who has a similar experience to you that is in our community!

Legacy:

This member was a legacy to a Panhellenic sorority throughout the recruitment process. This means either their mom, sister or grandma was a member of a sorority that we have at Oregon State. They did not necessarily join this chapter.

Pays Sorority Dues:

This member pays their sorority dues without assistance.

First Sorority Member in the Family:

This member was the first person in their family to join a sorority.

Part Time Job:

This member has a job either on or off campus on top of being a college student and a sorority member.

Out-of-State:

This member is not from Oregon.



Decoding the MRABA

MRABA

Stands for Membership Recruitment Acceptance Binding Agreement. It is the document that PNM's sign right before final selections are made during Preference round. The MRABA is broken down into nine sections. However, the first six sections are intended for PNMs to read and understand. It is important that you fully comprehend the agreement before making your final preferences. This information is provided to help you break it down!

Section One

I am willing to accept an invitation to membership from any sorority or women's fraternity that I list on this agreement.

What does this mean?

PNMs should only list the chapters that they are willing to join.

Section Two

I may limit my choices to just one OR list any sorority or women's fraternity whose preference round (last) event I attended, and from which I am willing to accept membership. I realize that by not listing the maximum number of events I attended, I may be limiting my potential to join any other NPC group during primary recruitment should I not be placed with my choice(s).

What does this mean?

A PNM can only rank chapters whose final (preference) events they attended (if they went to A and B, C isn't an option). They don't have to rank all the chapters they attended, but we encourage them to maximize their options since it gives them a better chance of being matched to a chapter.



Section Three

Once I submit this agreement to the Panhellenic Association, I cannot change the order of my preferences or add or delete a preference.

Section Four

If I do not receive an invitation to membership from a group listed, I am eligible for continuous open bidding.

Section Five

I have the option of not submitting an agreement at this time.

Section Six

Once I submit this agreement, I am bound by the National Panhellenic Conference one calendar year rule. This rule states that if through the formal membership recruitment process, I receive a bid and decline it, then I am ineligible to be pledged to another NPC fraternity on the same campus until the beginning of the next formal membership recruitment period.

What does this mean?

Once the form is signed and submitted, the order of the chapter list and selections cannot be altered.

What does this mean?

If a PNM does not maximize their options and doesn't receive a bid from a group listed on their MRABA, they can join any chapter through continuous open bidding (COB). This is only available to groups that have open spots in their chapter.

What does this mean?

A PNM does not have to submit an MRABA, which results in them being removed from the recruitment process.

What does this mean?

If a PNM receives a bid from a chapter they list and then later chooses not to be pledged or initiated, they cannot join another NPC group on that campus until the next formal membership recruitment period. If they are not initiated and transfers schools, they can participate in recruitment at the first opportunity on the new campus.



F&S Terminology

Active/Collegiate Member

Someone who has completed their new member period and has been initiated into the sorority or fraternity.

Alumna

An initiated sorority member who is no longer active in a collegiate chapter.

Bid

An official invitation from a chapter to become a new member.

Campus Total

The allowable chapter sizes as determined by the college Panhellenic.

Center for Fraternity and Sorority Life (CFSL)

The office on campus that provides support and resources to all 46 sororities and fraternities on campus.

Chapter

Each national sorority and fraternity has individual chapters of their organization at different colleges or universities. Some organizations also refer to their weekly meetings as "Chapter."

Collective Greek Council (CGC)

A council serving fraternities and sororities that identify with a specific academic interest or general interest. All chapters within this council are unhoused and it is unique to Oregon State University.

Continuous Open Bidding (COB)

If a sorority does not reach the allowable membership total during primary recruitment, they may hold continuous recruitment events and offer bids to potential new members. Not all chapters are eligible.

Initiation

Formal admittance into the sorority/fraternity. The new members participate in a ceremony that marks formal admittance into the sorority/fraternity. The initiation ceremony is secret and rooted in history. Hazing is not tolerated as a part of initiation.

Intake

Term for the process by which NPHC and MGC members are selected to become new members of an organization.

Interfraternity Council (IFC)

A fraternity-only governing council for the traditionally housed fraternities on campus.

Legacy

Someone whose mother, sister or grandmother is a member of a particular sorority. Each sorority has different policies when it comes to legacies.

Multicultural Greek Council (MGC)

A council serving members of the multicultural fraternities and sororities, including Latinx, Native American and Asian Pacific Based chapters.

National Pan-Hellenic Council (NPHC)

A council composed of nine historically (but not exclusively) African American Greek-letter organizations.

New Member Education

The time between pledging and initiation where the new member learns about the sorority before becoming a collegiate member. It is typically 8-10 weeks long.

Quota

A set number of new members a sorority can extend bids to.

Philanthropy

A charity or fundraiser that the fraternity or sorority supports. Can be national or local or both.

Potential New Member (PNM)

A person who is interested in joining a Greek letter organization, and will participate in recruitment, COB, or intake.

Recommendation/Reference

A written letter or statement from an alumna on the sorority's official recommendation form introducing and recommending a PNM for pledging. Also called a "rec." Letters of recommendation are not required to join an organization.

Recruitment Counselor

Also known as "Gamma Chi", is a collegiate sorority member who disaffiliated from their individual chapter to help PNMs with an unbiased perspective during Primary Recruitment.

Single Intentional Preference

When a PNM attends more than one preference event, but limits their membership selections by not listing all their sorority options on their MRABA. Doing this means the PNM is not guaranteed a bid.



Greek Alphabet

Α

Alpha
(AL-fah)

Β

Beta
(BAY-tah)

Γ

Gamma
(GAM-ah)

Δ

Delta
(DEL-ta)

Ε

Epsilon
(EP-si-lon)

Ζ

Zeta
(ZAY-ah)

Η

Eta
(AY-tah)

Θ

Theta
(THAY-tah)

Ι

Iota
(eye-OH-tah)

Κ

Kappa
(CAP-ah)

Λ

Lambda
(LAM-dah)

Μ

Mu
(MYOO)

Ν

Nu
(NYOO)

Ξ

Xi
(ZIE)

Ο

Omicron
(OM-uh-kron)

Π

Pi
(PIE)

Ρ

Rho
(ROW)

Σ

Sigma
(SIG-mah)

Τ

TAU
(Taw)

Υ

Upsilon
(Up-si-lon)

Φ

Phi
(FIE) or (FEE)

Χ

Chi
(KIE)

Ψ

Psi
(SIE)

Ω

Omega
(oh-MAY-gah)



Meet the Other Councils

Fraternity & Sorority Life has a rich legacy at OSU. The community is over 140 years old as we were established in 1882! Our community is an integral part of the OSU student experience. Around 13% of the total undergraduate student body are Fraternity & Sorority members, which comes out to over 2500 students. Additionally, we currently have 48 chapters and our community grows more each year.

Oregon State has 5 councils that represent a diversified Greek community. The Interfraternity Council (IFC), Collective Greek Council (CGC), Multicultural Greek Council (MGC), Panhellenic Council (PHC), and the National Pan-Hellenic Council (NPHC) all strive to uphold the 6 core values: Scholarship, Philanthropy & Community Service, Leadership, Friendship, and Inclusivity. If you do not find your community in one of our Panhellenic chapters, we hope you explore the opportunities that the rest of our community has to offer!



Collective Greek Council (CGC)



The Collective Greek Council is the governing council for our unhoused Greek-lettered organizations with various academic and interest-based membership.

CGC Recruitment Social

Tuesday, October 3rd from 5-7pm, MU13

Chapters:

Chi Theta Phi

Recruitment Contact: Emma Abrams,
chithetaphi.recruitment

@gmail.com

[Instagram: @osu_chithetaphi](#)

Art & Design

Phi Sigma Rho

Recruitment Contact:

psr.sigma.recruitment@gmail.com

[Instagram: @phirholoveosu](#)

Engineering + STEM

Sigma Alpha

Recruitment Contact: Bri Rimmey,
recruitment.xichapter@gmail.com

Instagram:

[@oregonstatesigmaalpha](#)

Agriculture

Sigma Delta Omega Recruitment

Contact: rushsdo@gmail.com

[Instagram: @sigmadeltaomega](#)

Science



Multicultural Greek Council (MGC)



The Multicultural Greek Council (MGC) is the governing council for the culturally based and multicultural fraternities and sororities at OSU, including chapters with Latinx interest, and Asian membership interests.

MGC Meet & Greet

Monday, October 2nd from 4-6pm, SEC Plaza

MGC Sororities:

Gamma Alpha Omega Sorority, Inc.

Recruitment Contact: Evelyn Minjares,
minjarescarrillo1993@gmail.com

[Instagram: @gao_osu](#)

Kappa Delta Chi Sorority, Inc.

Recruitment Contact:
alphapsi@kappadeltachi.org

[Instagram: @kdchiosu](#)

The Monarchs

Recruitment Contact:

Adah Burket,
burketad@oregonstate.edu

[Instagram: @osu_monarchs](#)



National Pan-Hellenic Council (NPHC)



NPHC is the governing council for the historically African-American fraternities and sororities at OSU. All chapters within this council are currently unhoused and you do not have to identify with a specific racial identity to become a member.

Meet the Greeks

Thursday, October 12th at 6pm, MU109
Business Casual Attire Recommended

NPHC Sororities:

Alpha Kappa Alpha Sorority, Inc.

Recruitment Contact:

sigmadelta00@gmail.com

[@sigmadelta akas](https://www.instagram.com/sigmadelta_akas)

Delta Sigma Theta Sorority, Inc.

Recruitment Contact: Saba

MoAllem, dstbetapsi@gmail.com

[@dstbetapsi](https://www.instagram.com/dstbetapsi)



Recruitment FAQ

Do I need to go to all of the events listed in the recruitment schedule?

YES. If you intentionally miss an event to which you were invited, you are not maximizing your options and will be released from the rest of the recruitment process.

What if I receive a bid and turn it down?

If you receive a bid and turn it down then you are bound by the Membership Recruitment Acceptance Binding Agreement meaning that you are ineligible to join or be recruited by a chapter until the following primary recruitment process, including continuous recruitment throughout the school year.

If I just participate in primary recruitment, am I obligated to join a sorority?

No, a potential new member that goes through the recruitment process is not obligated to join a sorority. The recruitment process is for potential new members to explore fraternity and sorority life to see if it is the right fit.

If I am a legacy to a sorority, is there anything I should know?

Panhellenic does not have any specific policies regarding legacies. Each chapter has its own policy and procedure regarding legacies. Likewise, legacies are not obligated to join the chapter they are a legacy to.



Recruitment FAQ

What is “mutual selection”?

“Mutual selection” is the process we use for primary recruitment. It means that as you go through the rounds, you’re narrowing down your choices, as well as the chapters are narrowing down the amount of PNMs they are inviting back. To put things simpler: You choose them AND they choose you. All in all, the mutual selection process is there to help you and is proven to be successful.

What if I want to be in a specific sorority?

Only wanting to be a member to one specific sorority or only considering a few sororities can severely limit a PNM’s options for membership, and can lead to disappointment. Don’t let other people’s opinions or stereotypes influence your decision. We encourage you to keep an open mind about all the chapters and make a decision that is right for you.

How much of a time commitment is being in a sorority?

Each sorority has basic time commitments and mandatory events such as chapter meetings and New Member meetings once a week. Some chapters may require study hours. Time commitment for being a sorority member can vary from one woman to another depending on chapter positions and outside commitments. But many sorority women are able to manage sorority responsibilities, jobs or internships, academics and involvement in other campus organizations. If you are interested in joining a sorority but have concerns about the time commitment, feel free to ask members during recruitment how they balance their time!



Questions To Ask During Recruitment

The best way to get to know a chapter is by asking questions that matter to you but we have provided some examples as well if you are not 100% sure what to ask or want some ideas! One of the best questions to ask a woman in a chapter is why she decided to choose her chapter.

How do you balance school and your sorority?

Where is your favorite Corvallis spot?

What are your deepest values?

What are the financial obligations of your membership?

What is your favorite memory with a sorority sister?

What is your favorite line from your creed?

What connects you to your philanthropy?

What was your favorite sisterhood event?

How often do you see your sisters?



Questions To Ask During Recruitment

Are there any chapter programs that help with studying?

What are some of the majors of the girls in this chapter?

What are the opportunities for chapter leadership?

Are you required to buy all of the sorority merchandise?

What are some of the other activities on campus that your members participate in?

What was your biggest challenge when you first joined your chapter?

What made you join your sorority?

What can I expect after Bid Day?



PNM Tips

Take notes after leaving each event: what you talked about, any impressions that the conversation had on you, and anything else that will help you remember that sorority. Keeping notes helps you when making decisions about your preferences.

Be open minded and look at each chapter as a whole– do not judge a chapter by the one or two members you meet.

Ask questions– it helps keep the conversation flowing and is a sign of your interest. Remember that the chapter members may also be nervous and will appreciate answering any questions that you may have.

BE AUTHENTICALLY YOURSELF! Talk about your interests and experiences when asked.

Be mature in your decision-making and be realistic about which members you feel most comfortable with. **DO NOT** be influenced by others' opinions.

Recruitment is a mutual selection. You are selecting a sorority, and the sorority is also selecting you.

DO NOT interpret any remark made during an event as assurance of an invitation back to the chapter. An individual member cannot guarantee an invitation back for future rounds. If you do hear something that you interpret as such, talk to your Gamma Chis!

If you are a legacy to a chapter, feel free to mention this during events but know that there are no guarantees of receiving a bid due to legacy status. Each chapter has different legacy policies and many national organizations have updated their legacy policies in recent years.

If you get lost, arrive at the wrong chapter by mistake, or have any challenges– find a Recruitment Counselor immediately! They will be stationed throughout the community by chapter houses. We have all been there and we understand!

Get plenty of sleep, bring snacks, and make sure to set aside time to do your homework!

Discuss your feelings about a chapter or a certain event privately with your Recruitment Counselor, **NOT** with other PNMs.

Try not to compare yourselves to other PNMs – Sororities give bids to more than one person and are looking for you to be your most authentic self!

Don't worry about learning everyone's name; no one expects you to. Everyone will be wearing name tags.

Ask about Panhellenic and its activities (such as Love Week, Greek Week, leadership workshops, etc.)

Trust the process! Recruitment is full of ups and downs but the end result is worth it!



PNM Companion App

All PNMs should download the PNM Companion App before Round 1. The app is how you will look at scheduled chapter events each round and will be the way you submit chapter preferences at the end of rounds.

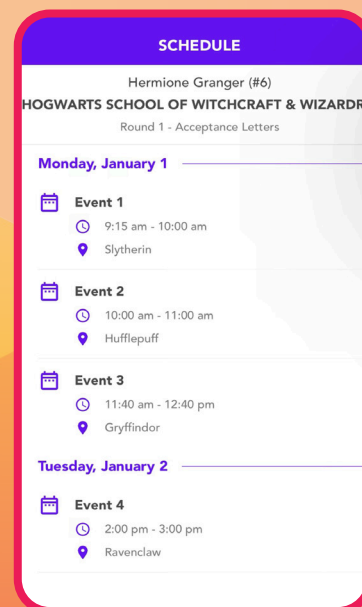
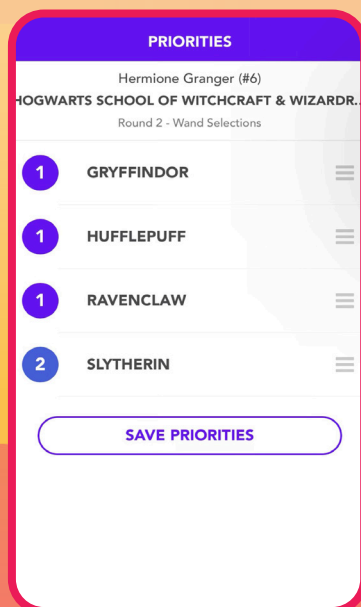
Steps:

One: Download the PNM Companion app by going to the app store and searching "PNM Companion"

Two: Login with your account information from Campus Director (Email and Password)

Three: On the login screen, there is a Forgot Password Link

If you are having difficulty logging in email Kate Walsh at PanhellenicVP-Recruitment@oregonstate.edu or find the nearest Panhellenic Officer.





Panhellenic Chapter Spotlights





Alpha Chi Omega

ΑΧΩ



About:

Alpha Chi Omega was founded on October 15th, 1885 at DePauw University in Greencastle, Indiana

Address: 310 NW 26th Street

Nickname: A Chi O or Alpha Chi

Symbol: Lyre

Flower: Red Carnation

Colors: Scarlet Red and Olive Green

Philanthropy: CARDV (Center Against Rape and Domestic Violence)

Philanthropy Event: Diamond Days

Minimum High School GPA: 3.0

Minimum Transfer GPA: 2.75

Instagram: [@alphachiosu](https://www.instagram.com/alphachiosu)

Something Unique About This Chapter: Alpha Chi was the first sorority established on the OSU campus!

Sisterhood Event Put On Every Year: Pumpkin Patch Trip!

Cost & Fees:

Fall Term New Member Cost: \$990.12

Total First Year Cost (Fall/Winter/Spring): \$2,118.36

Live Out Cost: \$1,692.36

Live In Cost: \$9,776.76





Alpha Gamma Delta

ΑΓΔ



About:

Alpha Gamma Delta was founded in 1904 in Syracuse, New York

Address: 360 NW 26th Street

Nickname: AGD or Alpha Gam

Symbol: Squirrel

Flower: Red and Buff Rose with a Green Asparagus Plumosa Fern

Colors: Red, Buff, and Green

Philanthropy: Fighting Hunger

Philanthropy Event: Mr. Ace Pageant and Poker Tournament

Minimum High School GPA: 2.5

Minimum Transfer GPA: 2.5

Instagram: [@agd_osu](https://www.instagram.com/agd_osu)

Something Unique About This Chapter: Each year during the week before recruitment, each member decorates a wooden plaque for a randomly selected sister and completes it with a cute message written to her on the back- these plaques are hung around the house and replaced each year!

Sisterhood Event Put On Every Year: Pumpkin Patch Trip and Carving

Cost & Fees:

Fall Term New Member Cost: \$1,352.00

Total First Year Cost (Fall/Winter/Spring): \$2,129.00

Live Out Cost: \$2,235.00

Live In Cost: \$10,238.00





Alpha Omicron Pi AOPi



About:

Alpha Omicron Pi was founded at Barnard College in New York on January 2nd, 1897

Address: 127 NW 13th Street

Nickname: AOII

Symbol: Panda

Flower: Infinity Rose

Colors: Cardinal

Philanthropy: Arthritis Foundation

Philanthropy Event: Strike Out Arthritis

Minimum High School GPA: 3.14

Minimum Transfer GPA: 2.75

Instagram: [@aoii_osu](https://www.instagram.com/aoii_osu)

Something Unique About this Chapter: Every two years our chapter house gets renovated. This past summer we received an interior design renovation of the first floor and basement, along with a kitchenette addition!

History Fact About this Chapter: Our first president, Stella George Stern Perry, wasn't able to join any of the existing chapters on campus because of her Jewish heritage. Due to this, when her and the other three founders (Bess, Jessie, and Helen) founded AOII they had a clear mission: No matter what their background, a potential new member who shared AOII's values would be welcomed.

Cost & Fees:

Fall Term New Member Cost: \$1,380.00

Total First Year Cost (Fall/Winter/Spring): \$2,629.00

Live Out Cost: \$2,408.00

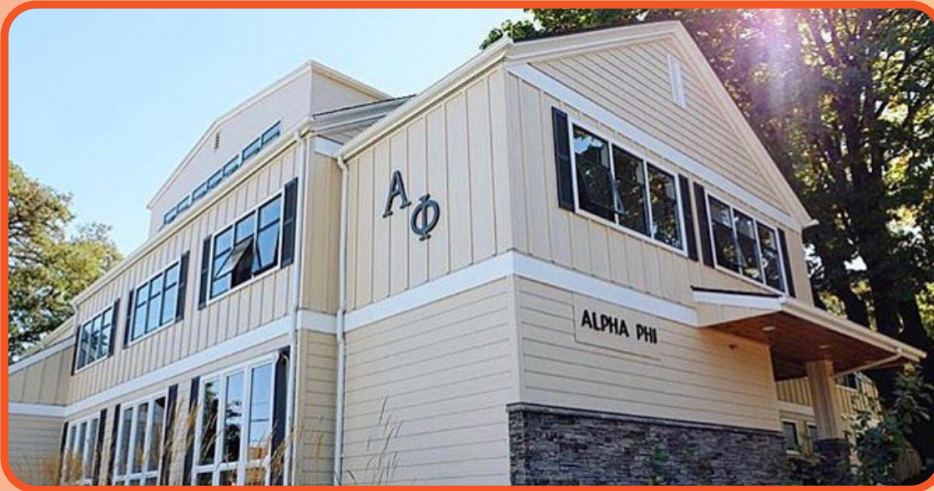
Live In Cost: \$10,758.00





Alpha Phi

AΦ



About:

Alpha Phi was founded at Syracuse University in 1872

Address: 357 NW 25th Street

Nickname: A Phi

Symbol: Ivy Leaf

Flower: Lily of the Valley and Forget Me Nots

Colors: Silver and Bordeaux

Philanthropy: Women's Heart Health and Cardiac Care Research

Philanthropy Event: Red Dress Gala

Minimum High School GPA: 2.5

Minimum Transfer GPA: 2.5

Instagram: [@osualphaphi](https://www.instagram.com/osualphaphi)

Something Unique About This Chapter: We are the only Panhellenic chapter at OSU with a fenced backyard!

History Fact About This Chapter: Alpha Phi was the first sorority ever to establish a foundation for their philanthropic efforts. Since then, the Alpha Phi Foundation is the only organization that has twice received the American Heart Association's highest award, The Heart and Torch Award.

Cost & Fees:

Fall Term New Member Cost: \$1,722.73

Total First Year Cost (Fall/Winter/Spring): \$3,580.58

Live Out Cost: \$2,108.93

Live In Cost: \$10,169.99





Chi Omega

ΧΩ



About:

Chi Omega was founded at the University of Arkansas on April 5th, 1895

Address: 2240 NW Van Buren Ave

Nickname: Chi O

Symbol: Owl

Flower: White Carnation

Colors: Cardinal and Straw

Philanthropy: Make-A-Wish Foundation

Philanthropy Event: Color Me Chi-O (annual 5k run)

Minimum High School GPA: 3.0

Minimum Transfer GPA: 2.75

Instagram: [@osuchiomega](https://www.instagram.com/osuchiomega)

Something Unique About This Chapter: Our chapter house has towel drying rooms! These rooms keep our towels dry and warm so that members have a cozy towel after showering.

Fun Fact About This Chapter: Chi Omega won first place in OSU's All-University Sing this year! Go Beavs!

Cost & Fees:

Fall Term New Member Cost: \$840.00

Total First Year Cost (Fall/Winter/Spring): \$2,670.00

Live Out Cost: \$2,035.00

Live In Cost: \$10,140.00





Delta Delta Delta



About:

Delta Delta Delta was nationally founded at Boston University in 1888.

Address: 340 NW 26th Street

Nickname: Tri Delta

Symbol: Pearl and Pine

Flower: Pansy

Colors: Blue, Gold, and Silver

Philanthropy: St. Jude Children's Research Hospital

Philanthropy Event: DHOP (Delta House of Pancakes)

Minimum High School GPA: 3.0

Minimum Transfer GPA: 3.0

Instagram: [@trideltaosu](https://www.instagram.com/trideltaosu)

Something Unique About This Chapter: Our chapter house was built specifically for our chapter and has only ever had Tri Delta women live in it!

History Fact About This Chapter: Tri Delta at Oregon State has won more scholarships than any other Tri Delta Chapter and is nationally recognized for it by the Susan E. Riley Foundation.

Cost & Fees:

Fall Term New Member Cost: \$1,223.00

Total First Year Cost (Fall/Winter/Spring): \$2,849.00

Live Out Cost: \$2,439.00

Live In Cost: \$10,300.00





Delta Gamma $\Delta\Gamma$



About:

Delta Gamma was founded in 1873 in Oxford, Mississippi at the Lewis School for Girls.

Address: 715 NW 23rd Street

Nickname: DG

Symbol: Anchor

Flower: Cream colored rose

Colors: Bronze, Pink, and Blue

Philanthropy: Service for Sight

Philanthropy Event: Anchor Splash & Anchor Slam

Minimum High School GPA: 3.0

Minimum Transfer GPA: 2.5

Instagram: [@deltagammaosu](https://www.instagram.com/deltagammaosu)

Something Unique About this Chapter: The silver anchor that sits in front of our chapter house is from an actual ship and was gifted by an alumni. It has sat in our front yard for over a decade and has nicely complimented what used to be called the DG beach house before it was remodeled two years ago!

History Fact About this Chapter: Our philanthropy has been at the heart of the Delta Gamma mission since 1936 when Ruth Billow, a DG sister, inspired the Fraternity to adopt Service for Sight as its philanthropy. Ruth was blind and her passion came from her firsthand experience.

Cost & Fees:

Fall Term New Member Cost: \$1,405.00

Total First Year Cost (Fall/Winter/Spring): \$3,261.00

Live Out Cost: \$2,931.00

Live In Cost: \$9,546.00





Kappa Alpha Theta

KAΘ



About:

Kappa Alpha Theta was founded at DePauw University in 1870

Address: 465 NW 23rd Street

Nickname: Theta

Symbol: Kite

Flower: Black and Gold Pansy

Colors: Black and Gold

Philanthropy: CASA (Court Appointed Special Advocates)

Philanthropy Event: IronBrawl

Minimum High School GPA: 3.2

Minimum Transfer GPA: 2.5

Instagram: [@osu_theta](https://www.instagram.com/osu_theta)

Something Unique About This Chapter: Our whole third floor is a "study attic", which is a dedicated study space and every single girl living in gets her own desk!

History Fact About This Chapter: Kappa Alpha Theta was the first Greek-letter fraternity for women!

Cost & Fees:

Fall Term New Member Cost: \$968.00

Total First Year Cost (Fall/Winter/Spring): \$2,158.00

Live Out Cost: \$1,974.00

Live In Cost: \$8,391.00





Kappa Delta

KΔ



About:

Kappa Delta was founded on October 23rd, 1897 at Longwood University in Farmville, Virginia

Address: 305 NW 25th Street

Nickname: KD

Symbol: Teddy Bear

Flower: White Rose

Colors: Pearl White and Olive Green

Philanthropy: Girl Scouts of America, CARDV (Center Against Rape and Domestic Violence) & PCAA (Prevent Child Abuse America)

Philanthropy Event: Mock Rock & Girl Scout Events

Minimum High School GPA: 3.1

Minimum Transfer GPA: 2.85

Instagram: [@kd_oregonstate](https://www.instagram.com/kd_oregonstate)

Something Unique About This Chapter: Our chapter house is a "square donut" with a courtyard and private sun porch in the middle.

History Fact About This Chapter: Our chapter began with our four founders and there are now over 290,000 initiated members in 168 active collegiate chapters nationally!

Cost & Fees:

Fall Term New Member Cost: \$968.00

Total First Year Cost (Fall/Winter/Spring): \$2,044.00

Live Out Cost: \$1,962.00

Live In Cost: \$9,438.00





Kappa Kappa Gamma

KKΓ



About:

Kappa Kappa Gamma was founded at Monmouth College on October 13th, 1870

Address: 1335 NW Van Buren Ave

Nickname: Kappa

Symbol: Key and Owl

Flower: Iris, Fleur De Lis

Colors: Light Blue and Dark Blue

Philanthropy: The JED Foundation, Kappa Kappa Gamma Foundation, and the Heartland Humane Society

Philanthropy Event: Kappa Kasino Night, Kappas in the Key, Kappa Klassic

Minimum High School GPA: 3.3

Minimum Transfer GPA: 2.7

Instagram: [@osukappa](https://www.instagram.com/osukappa)

Something unique about this chapter: Kappa Kappa Gamma has a sunroof with lounge chairs perfect for watching the sunset, doing homework with friends, or tanning on a sunny day!

Cost & Fees:

Fall Term New Member Cost: \$1,114.00

Total First Year Cost (Fall/Winter/Spring): \$2,630.00

Live Out Cost: \$1,933.00

Live In Cost: \$8,318.00





Sigma Kappa

ΣΚ



About:

Sigma Kappa was founded on November 9th, 1874 at Colby College in Waterville, Maine

Address: 231 NW 26th Street

Nickname: Sig Kap

Symbol: Heart and Dove

Flower: Violets

Colors: Lavender and Maroon

Philanthropy: Sigma Kappa Foundation & the Alzheimer's Association

Philanthropy Event: The Ultraviolet Gala

Minimum High School GPA: 3.0

Minimum Transfer GPA: 2.8

Instagram: [@sigmakappa_osu](https://www.instagram.com/sigmakappa_osu)

Something Unique About this Chapter: Sigma Kappa is the closest chapter house to campus and they are part of the Affiliated Housing Program.

Interesting History Fact About this Chapter: The Oregon State University chapter of Sigma Kappa is the 4th oldest Sigma Kappa chapter ever!

Cost & Fees:

Fall Term New Member Cost: \$1,309.40

Total First Year Cost (Fall/Winter/Spring): \$2,725.00

Live Out Cost: \$2,284.00

Live In Cost: \$10,560.00





Affiliated Housing Program

The Affiliated Housing Program is a first-year housing program that provides the opportunity for new members to live in the sorority house as an approved exemption from living on campus. [Check the CFSL](#) website to see which Panhellenic chapters are eligible.

If a first year student would like to live-in their sorority house and their chapter is an AHP member, they can submit a request for an exemption on their MyUHDS page. For more information, contact The Center for Fraternity & Sorority Life at cfsl@oregonstate.edu or 541-737-5459.



Chapter Houses

Alpha Chi Omega	310 NW 26th Street
Alpha Gamma Delta	360 NW 26th Street
Alpha Omnicron Pi	127 NW 13th Street
Alpha Phi	357 NW Van Buren Ave
Chi Omega	2240 NW Van Buren Ave
Delta Delta Delta	340 NW 26th Street
Delta Gamma	715 NW 23rd Street
Kappa Alpha Theta	465 NW 23rd Street
Kappa Delta	305 NW 25th Street
Kappa Kappa Gamma	1335 NW Van Buren Ave
Sigma Kappa	231 NW 26th Street

Places to Eat

1. [Allan's Coffee & Tea](#)
2. [American Dream Pizza](#)
3. [Chipotle](#)
4. [Subway](#)
5. [Domino's Pizza](#)
6. [Jersey Mike's](#)
7. [Cafe Yumm](#)
8. [Qdoba](#)
9. [Jimmy Johns](#)